



All meals include 1% milk, chocolate milk served on Wednesdays

August 2025

Columbia County Senior Dining

Some menu items may contain mushrooms. Contact the ADRC or your meal site for a complete list.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Stuffed Pepper Soup w/Brown Rice ½ Egg Salad Sandwich Side Salad w/Dressing Fruit
4 Ground Beef Stroganoff Broccoli Florets Peaches and Pears WW Bread	5 Chicken Breast w/Mushroom & Bacon Sauce Mashed Potatoes Gravy Hot Sliced Beets Fruited Dessert	6 Sweet and Sour Pork over Brown Rice Oriental Vegetables Mandarin Oranges Fortune Cookie	7 Tater Tot Casserole w/Green Beans Steamed Carrots BB Brownie WW Bread	8 Chicken Salad Sandwich Veggie Ranch Pasta Salad Fresh melon Cookie
11 Roast Pork Loin Mashed Potatoes w/Gravy Green Beans Mixed Fruit WW Bread	12 Rotini w/Meat Sauce Lettuce Salad w/Dressing Sweet Corn Garlic Toast	13 Baked Chicken Baked Sweet Potatoes Cauliflower Pumpkin Pie Bar w/Topping WW Bread	14 BBQ Pulled Pork on a Bun Hot Veggie Pasta Baked Beans Cookie	15 Monterey Chicken w/Veggies & Sauce over Brown Rice Broccoli Pineapple
18 Chicken Alfredo Side Salad w/Shredded Carrots & Dressing Fruit Cup Bread Stick	19 Sloppy Joe on a Bun Roasted Potatoes Baked Beans Grape Salad	20 Sliced Ham Au gratin Potatoes California Blend Veg Fresh Cut up Fruit WW Roll	21 Catch of the Day Baked Potato w/Sour Cream Broccoli Florets Watermelon WW Bread	22 Kielbasa w/Sauerkraut Macaroni & Cheese Peas & Carrots Rye Bread Apricots
25 Salisbury Steak Mashed Potatoes w/Gravy Brussel Sprouts Mixed Fruit WW Bread	26 Baked Ham & Scalloped Potatoes Broccoli Banana WW Roll	27 Pot Roast w/Gravy Baby White Potatoes Carrots & Onions Fruit Crisp WW Bread	28 Chicken Chop Suey Whole Grain Rice Oriental Blend Veg White Cake w/Berries	29 Tuna Salad on Croissant Potato Salad Fruit Salad Oatmeal Raisin Cookie

Columbia County Meal sites

Columbus 920-763-2124
Pardeeville 608-617-1821
Portage 608-742-9211
Poynette 608-635-2122 option 4

***Menu subject to change without notice.**
ADRC 608-742-9233 or 888-742-9233

